

## Atlas Rules of Competition and Conduct

Majority of what is excluded in the following Atlas Rules of Competition can be referenced from USATF Rules and Regulations. USATF does not govern Atlas events but does serve as guideline for what is deemed industry standard. If there are any disputes or discrepancies Atlas Trail Series reserves the right to change or amend its rules at any time.

### Age Requirements:

Anyone can participate if they are 18+

Age restrictions on participants under 14. No body under 14 can participate in an Atlas trail running event.

Ages 14-17 may enter with letter from a doctor stating the child is properly trained and physically able to complete the day(s) he/she signs up for. Parent or guardian must accompany the child before the start and after the finish of each stage as well as overnight if camping. If the child stays overnight parent or guardian must purchase a day pass (per day, the child is racing) otherwise show proof the child is not staying overnight (i.e. hotel reservation off site)

### Bib Placement:

Numbers must be worn on the front of the body. Cutting numbers or altering with sponsor stickers is not allowed. There will be a warning for not having your number on the front of your body, second infraction will be a two-minute penalty. A two-minute penalty will be assessed for losing your run number.

### Headphones:

Please do not bring your headphones out on the course. You must be able to communicate with other runners and receive instructions if need be from course officials/ volunteers. No type of personal Audio/Music device is allowed during competition. Examples: no headsets, tape players, CD players, MP3 players or 2-way radios may be worn.

### Cutting the course:

Short-cutting and/or cutting trail switchbacks or course is not permitted and may result in disqualification. A runner is required to stay on the designated trail that is marked and or specified as the racecourse. It is the runner's responsibility to know the designated racecourse. Lack of tape or barrier on the course will not be constituted as an excuse for cutting course.

### Course support:

No outside support. No placement of rabbits out on the course.

### Conduct:

Unsportsmanlike running/behavior or the use of profane or abusive language is grounds for warning, relegation, disqualification or fine. Let's get out there and just enjoy the beautiful views. Remember trail etiquette let others pass and stay on the trail.

\*No bikes, skates, skateboards, motorized transport etc. out on the course or Atlas Main Hub.

### Doping

Doping is strictly forbidden. Please reference ARTICLE II MEDICAL SERVICES AND DOPING CONTROL RULE 32 DOPING in USATF rules and regulations.

**Protests:**

Protests of any nature must be submitted within one hour of the finish time of the person making the protest. Protests must be submitted in writing and signed by the accuser. Saying some body cut the course is not good enough—it must be written and described as accurately as possible. All protests will be investigated. Because of the nature of Atlas, it is not always possible to see infractions. The Atlas Trail Series is in the mountains, out of sight and marshaled only where necessary. In every case there will need to be verification of the infraction. Officials will not be drawn into a “hearsay” argument.

**Penalties:**

Penalties will be determined by the severity of the infraction. The minimum penalty will always be 2 minutes. The maximum penalty will be disqualification from the results of the event and/or a loss of prize money.

**Medical:**

Athletes are responsible for their own physical health and for their own medical supervision. When entering an Atlas Series event, an athlete specifically releases Atlas (and its perspective members, directors, officers, employees, volunteers, contractors or agents) from any liability to the extent permitted by law for any loss, injury or damage that may be suffered in relation to or as a result of participation in such competition.

**Packet Pickup:**

Photo ID and copy/digital online registration required for packet pick up. We plan to have all your packet pick up materials ready to go, but we know mistakes can happen. Be prepared to show proof of registration if needed.

**Shuttles:**

Participants must ride our shuttles to any satellite start. Some days might have start line off site. In these cases, participants should ride in shuttles provided so everyone makes it to the start on time. Only participants on start line shuttles. Shuttles might also be provided if parking is too far to walk to. Shuttles going to and from parking lots are open to all guest.

**Cup-less Event:**

This is a cup-less event bring your own water storage or use the reusable cup provided at check in. do not bring disposable cups it will just add to the waste. As we are a green event trying to cut waste where ever we can.

**In Case of a Tie:**

If overall cumulative time or same day time is the same for two runners within the same category we will go back to the 10<sup>th</sup> of a second of their times. If time alone cannot be the determining factor, however unlikely the runners accumulated points (from current event) will break the tie. \*See point system for details.

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### **Camp Rules:**

- Quite hours start 10:30pm. We want to respect other participant's ability to sleep and recover for the next day's stage.
- Bracelets and meal or shower tickets will be given out at packet pick up. It is your responsibility to wear your color coded bracelet at all times. Keep track of your shower/drink/and food tickets if you expect to get in to the areas of Atlas Main Hub. Additional tickets and bracelets will be for sale at registration if needed. If bracelet is broken, bring the pieces back to registration and we will replace it for you. If it is lost, you must purchase another one at registration.
- We are not responsible for lost/ stolen or damage items
- Participant(s) that are directly responsible for damage or vandalized Atlas/FGR Inc./ or sponsor equipment will be held liable and responsible for replacing or fixing those items.
- One shower per day. Showers are open 10am to 10pm. Present your shower ticket and proceed to an available shower. Please try to minimize your showers the best you can. We do not want to waste water and we expect to have many participants looking to use the showers.
- No outside alcohol
- No guns
- Random bag searches in effect all persons are subject
- No outside fires
- No BBQ/ camp stoves
- Not recommended to store food in tent
- No smoking/ vaping in camp city
- Dogs: No dogs/pets of any kind are allowed. Sorry we love dogs just can't bring them to Atlas
- Pick up after yourself let's leave these beautiful locations beautiful
- Check out is 5pm on Sunday. 5pm is last departure shuttle to the parking lots. Make sure you are packed and ready to head home. Time to go share your experience with your friends who were not able to make it this year. Hope to see you again for more fun and competition.

### **Deferrals/Transfers/Refund Policies**

#### **Deferrals:**

Deferrals and event to event transfers can take place up to two months from the start of the event for medical issues only. A doctor note is required. The transfer is good for any Atlas Trail Series event within 12 months, excluding world championships. 50.00 transfer fee will be assessed.

#### **Transfers:**

Person to person transfers are ok up to two months out from the event start date. Please use this [link](#) to help whoever is taking your spot. \$50 transfer fee will be assessed.

#### **Down grade/upgrade:**

Upgrades or downgrades will be allowed up until two weeks out from event start date. Upgrades will be accommodated for the person who pays the difference at current registration window. Meaning if you registered six months out and a month out from the event you want to upgrade that difference is what current registration is selling for not what you paid six months out. Use this [link](#) to edit your registration info.

Downgrades are acceptable but no refunds will be given.

**Refunds:**

Within 24 hours of registering 100% refund

Up until 6 months out from event weekend 50% refund

Up until 3 months out from event weekend 25% refund

Less than 3 months out from event weekend no refund



### **Categories:**

Elite men/women runners— must compete in all three days. This category will be awarded points for the series, prize money and medals. Pro card must be valid or entrants can pay additional 35.00 to participate in the elite field. Pro/elite runners can email resume to the race director for special selection/ free or discounted entry. Must have resume submitted two months before event date. If resume contains overall standings of 3<sup>rd</sup> place or better in the following, he/she is eligible for application review. Atlas reserves the right to make final judgment of eligibility.

- Any USATF Sanctioned Running National Championships
- Any Olympic running event
- Any ISF Championship level events
- UTMB
- Or anything other running event considered at equal caliber

### **Open Runners:**

Open runners consist of anyone 14+ participating in one or more days of an Atlas event and is not signed up as an elite or relay runner. Only participants competing in all three days are eligible for medals/awards. Open runners who sign up for less than three days will not be eligible for medals/awards. We want to keep the competition fair for those committed to all three days.

Awards categories include:

Men's: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.

Women's: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.

Age category is determined by the participants age on **12/31/18**. Because Atlas is operated as a series all open runner participants must race in the age group that is accurate come the championship event at the end of the season.

### **Relay Runners:**

You and a partner/friend complete the day's stage in the form of a relay. Running partners can be the same or mixed gender. The Relay Runner category is all scored the same, so bring a strong team if you are competing for awards.

Runner "A" will start amongst the Open Runners and run to a spot predetermined on the course. This "handoff zone" is located roughly half way through the day's stage and will be well marked.

At this point runner "B" will have been waiting their partner's arrival and proceed as soon as Runner "A" crosses the line. Runner "B" then has the opportunity to run the rest of the stage to the finish line.

Remember only one runner on the course at a time.

Relay runners must keep the same partner they started with. Partners are able to pick who starts and who finishes each day's stage. Relay Runners do not have to run in the same order each day, but they both must finish to have their times counted.

Three-day Relay Runners will compete for medals/awards. Awards will be given on the last day to the top three placed teams.

If a runner cannot complete the day(s) stage they are still eligible to race the next day (presuming, they registered). That runner will no longer be eligible for placing or awards but can choose to complete whatever stages they signed up for.

If a relay partner cannot complete the day(s) stage the partner has the ability to run their half of the stage(s) they registered for. They can also choose to pay an upgrade processing fee \$50 for one day or \$100 for two days and can be moved to the open category and run the whole length of each stage day.

## Awards/Medals and Points Breakdown

### Daily Awards:

Awards will be given only to the three day competitors. Meaning anyone signed up for one or two days will not be eligible for awards of any kind. At the conclusion of each day's stage the top three finishers in the elite men/women, top three open runner men/women categories, and the top three relay teams will be recognized.

### Three Day/ Overall Event Finishers:

#### Cash/Awards/Medals

At the conclusion of three days of racing. Overall winners depending on their category will be awarded, given a cash purse, or given a medal

#### Cash:

Elite Runners are the only category eligible for overall cash winnings. Cash purse is for the top three men/women

#### Break down of cash purse:

##### Men

1<sup>st</sup> \$500

2<sup>nd</sup> \$350

3<sup>rd</sup> \$150

##### Women

1<sup>st</sup> \$500

2<sup>nd</sup> \$350

3<sup>rd</sup> \$150

### Overall Awards:

Open Runners men/women awards will go to the top three best overall cumulative times for each age group for all three days.

Relay Runner awards will go to the top three best overall team cumulative times for all three days.

### Overall Finishing Medals:

Finishers medals will only be given to the three day competitors. Meaning anyone signed up for one or two days will not be eligible for medals of any kind. Finisher Medals will be given out on the last day to **everyone** who completes all three stages.

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**Point system:**

Points are given out to the top 20 placed Elite and Open Runner finishers. After each day's stage the top 20 finishers in men/women elite field and Open Runners field will be awarded points. These points are designed to rank our top athletes, who will be eligible to compete in the World Championship at the end of the season. However unlikely points can be used to decide a winner if there was ever a tie at an Atlas event.

Points break down Elite and Open Runner categories:

- 1<sup>st</sup> 20pts
- 2<sup>nd</sup> 19pts
- 3<sup>rd</sup> 18pts
- 4<sup>th</sup> 17pts
- 5<sup>th</sup> 16pts
- 6<sup>th</sup> 15pts
- 7<sup>th</sup> 14pts
- 8<sup>th</sup> 13pts
- 9<sup>th</sup> 12pts
- 10<sup>th</sup> 11pts
- 11<sup>th</sup> 10pts
- 12<sup>th</sup> 9pts
- 13<sup>th</sup> 8pts
- 14<sup>th</sup> 7pts
- 15<sup>th</sup> 6pts
- 16<sup>th</sup> 5pts
- 17<sup>th</sup> 4pts
- 18<sup>th</sup> 3pts
- 19<sup>th</sup> 2pts
- 20<sup>th</sup> 1pt

